



Cambridge Management and Leadership School

Pre-Arrival Guide

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About this guide

This guide contains information to help you plan for your arrival into the UK and the Cambridge Management and Leadership School. This document should be read in conjunction with Short-term students (Version 8) located at

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/722982/Short-term-students-guidance-v8.0-EXT.PDF

If you require any assistance, please contact us on info@cmls.org.uk or on +44 (0) 1223 655 697.

Before You Leaving Home: Immigration Arrangements

If you are a student from outside the EEA (European Economic Area) or Switzerland you must obtain a visa, for visa nationals, or entry clearance if you are a non-visa national. To find out whether you are a visa national or a non-visa national visit the UK Visas website at <https://www.gov.uk/government/organisations/uk-visas-and-immigration>. If you are from the EEA or Switzerland you do not need a visa or entry clearance to enter the UK. For a list of EEA countries please see the UKCISA (UK Council for International Student Affairs) website at <https://www.ukcisa.org.uk/Information--Advice>

Arriving in the UK and then to Cambridge

Most students fly into the UK although some may arrive by sea ferry from Europe or via the Channel Tunnel. Many transatlantic flights arrive into one of the main London airports, of which Heathrow is the largest and busiest. London has four principal international airports: Heathrow, Gatwick, Stansted and Luton. All London airports have overland or Underground (Tube) train connections into Central London. You will need to take a train from London Heathrow Airport to Kings Cross Station and then a Train to Cambridge.

Preparing to bring money to the UK

If you are travelling into the UK from any country outside the European Union, and have more than 10,000 Euros in cash, banker's drafts or travellers' cheques, you will be required to declare the amount upon arrival to UK customs control. The Cambridge Management and Leadership School strongly advises students not to carry large sums of cash because it is the least safe method of transferring money into the UK. There are no

secure facilities at the Cambridge Management and Leadership School for students to store cash. About £250 should be enough to pay for your immediate expenses such as travel from the airport to the Cambridge Management and Leadership School, some food/ sundries for your journey and an overnight stay in an airport hotel if necessary. It is advisable to check if your country places limits on the amount of cash you can transfer to the UK so that you can plan payments for tuition, accommodation and maintenance accordingly.

Clearing immigration

There are usually two queues as you approach immigration control. One is for British and EEA travellers, and the second is for all other passport holders.

You should carry your Cambridge Management and Leadership School offer Letter, accommodation confirmation email, IELTS (or equivalent) certificates, plus any relevant medical certificates showing recent vaccinations in your hand luggage. If a UK immigration officer asks you questions about the purpose of your journey to the UK you should show him/her these documents.

Collecting luggage

After clearing immigration control proceed to the luggage collection hall. To identify the correct baggage carousel look for the TV screen displaying your flight number and departure point. If any of your luggage items do not appear, find a representative of the airline you travelled with and complete a lost baggage form.

Customs control

After collecting your luggage you will need to pass through customs control. If you have brought in goods which are over the allowance permitted you must go through the red channel and pay the duty. Clear information on what can be brought into the UK without paying any excess is on the HM Revenue and Customs website: www.hmrc.gov.uk/index.htm Go to Excise under 'Quick Links', FAQs and Information for Travellers. If your journey was from within the EU and you have nothing to declare go through the blue exit. If you travelled from outside the EU and you have nothing to declare use the green exit. If you arrive at one of the channel ferry ports you will also have to pass through customs control. If you arrive by the Channel Tunnel customs control will either take place in France or on the train. Since June 2007 any traveller carrying more than 10,000 Euros in cash when entering or leaving the EU has been

required to declare the amount upon arrival to UK customs control. For this purpose 'cash' means notes and coins, travellers' cheques and bankers' drafts in any currency.

There are also strict rules on bringing food and plant produce into the UK. Please see the Defra (Department for Environment, Food and Rural Affairs) website (go to the Food and farming section) for further information: www.defra.gov.uk

While travelling remember;

- Unattended luggage is considered a security threat – keep luggage with you at all times Never look after luggage/parcels for strangers or allow strangers to look after your belongings
- Never carry an item through airport customs for someone else
- Do not accompany people you have only just met to places you do not know
- Keep money and valuable belongings such as laptops and MP3 players out of sight
- If you need to use a taxi, take one from an official taxi rank (usually located near the entrance/exit of airports and railway stations). These taxis are licensed and insured to carry paying passengers.

Living Costs

Cambridge is an outer London area. You should read the following link of life in Cambridge (living cost).

<https://www.expatistan.com/cost-of-living/cambridge>

Depending on your lifestyle, living costs for a single student are around £4000 for six months. You must show the UK immigration authorities that you can pay your tuition fees. For further information please contact Cambridge Management and Leadership School Administration Office.

Weather

Britain has a very cool temperate climate. It is cold in winter, though it can be damp and windy, and not too hot in summer. It can rain at any time. You can get tips free from Cambridge Management and Leadership School. For more information please contact student health and safety welfare officer.

Funding

The money which you have to show is from your parents or other family members, your own savings, an independent organisation or your country's Education Department. There are some scholarships available specifically for international students. You can get

more information from British council office in your country. And you can contact student welfare department as well.

Registration with the Police

Do you require to register with police, please read guidance in the following link https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/722982/Short-term-students-guidance-v8.0-EXT.PDF

Induction Activities

We normally update time-table in your secure login and update any important documents so you can read and download. On your first day you will be given a timetable for your first week at the Cambridge Management and Leadership School. Don't worry if there are some things you don't understand, as there will be opportunities for you to ask questions about anything related to the CMLS services during the week.

The induction program is designed to help you settle down within the Cambridge Management and Leadership School so that you can concentrate on your studies. During your first week you will:

- Register with the Cambridge Management and Leadership School and receive an ID Card.
- Go on a Cambridge Management and Leadership School tour
- A tour to Cambridge (2 hours).
- Be involved in the Cambridge Management and Leadership School activities for International Student Orientation
- Get set up and logged onto the Cambridge Management and Leadership School internet network
- Learn the rules and regulations of the CMLS.
- Learn about the program that you have registered for including information relating to progression towards degree from the Cambridge Management and Leadership School
- Open a bank account
- Register with local health services
- Ask questions about accommodation issues
- Learn about visa applications
- Register with the UK police, if necessary
- Be taken on a trip to the local supermarket

Pick and Drop Facility

The Cambridge Management and Leadership School has the arrangements of picking and drop from the airport for the convenience of the students who come UK for the first time. To use this facility, you should contact us on info@cmls.org.uk or on +44 (0) 1223 655 697. We can organise a Cab/Taxi only in £125 to pick you from London Heathrow to Cambridge.

Travelling Facility

CMLS will help its students for the travelling arrangements. On the completion of their registration, the Cambridge Management and Leadership School can stamp your Train Travel Discount (Available at the Cambridge Train Station) then you will receive 30% discounts.

Residence Guidance to Students

Accommodation

Accommodation can be arranged by the Cambridge Management and Leadership School. Please note that in some cases a rent deposit may be required. However, we will suggest you to look at the following website for an affordable option.

<https://www.thestudentroom.co.uk/>

Opening a bank account

If you are coming to the UK, it is recommended that you open a bank account. CMLS has a bank (5 minutes walk from our address)

- Metro Bank
- Lloyds Bank
- RBS
- NatWest
- HSBC
- Barclays Bank

Do not carry large amounts of cash or keep large amounts of cash in your accommodation.

Working and medical care

On the student visitor visa, you are not allowed to work, please read guidance

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/722982/Short-term-students-guidance-v8.0-EXT.PDF

Dental services

If you're eligible for NHS treatment, you can receive your dental treatment at a reduced rate. Once you've registered with a doctor, register with a local dentist as soon as possible. First of all, however, make sure that the dentist accepts NHS patients - some dentists only accept private patients.

Pharmacy

There are many Pharmacy located near the Cambridge Management and Leadership School which will dispense medicines on prescription

- Rowlands Pharmacy
- Well Cambridge
- Milton Road Pharmacy
- Superdrug Pharmacy
- Lloyds Pharmacy
- Boots

Counselling service

CMLS has its counselling services for the students. You will book an appointment with us, totally in confidence, and expect to get the best advice in return.

Emergency procedures

In the event of an emergency, you can call 999. You will be asked which emergency service(s) you require (police, ambulance, fire brigade or coastguard). Please note that in the UK the police are usually friendly and helpful. They are rarely armed, and they are not linked to the armed forces or military.

Useful Websites

<https://www.visitcambridge.org/visitor-information>

<http://www.cambridgetouristinformation.co.uk/>